



welcome to CAPRICORN COAST AND ROCKHAMPTON

From the comfort of your Virgin Blue aircraft, the first impressive sight as the plane approaches Rockhampton is the Fitzroy River that bisects the city, flowing through the lush grazing plains towards the indigo waters of the South Pacific Ocean and the Southern Great Barrier Reef.

Cast your vision further east towards the Keppel group of islands glimmering in the distance and admire the golden-ringed emerald isles, which offer all kinds of water sports, fishing, snorkelling and scuba diving. Discover an underwater world that is filled with colourful coral, amazing fish, turtles and other interesting marine life.

Set on the Tropic of Capricorn, Rockhampton is the gateway to a very special holiday region that is reinventing itself as a sophisticated, cosmopolitan hub renowned for its focus on quality produce, such as the beef from the huge local herds of prime grass- and grain-fed cattle. The delicacies of the sea and river inlets include Queensland mud crabs, sand crabs,

prawns and some of the very best tropical fish, including barramundi, coral trout and red emperor.

Grant Cassidy, the accommodation operator of the new Edge Luxury Apartments and owner of Cassidy's Seafood & Steakhouse on the banks of the Fitzroy River, says it's no secret why the Rockhampton region has been building up its excellent reputation for dining experiences that include using the freshest and most succulent ingredients.

"The region boasts some of Australia's best grazing land, while a third of the Great Barrier Reef sits off our coastline, sheltering some of the nicest seafood. This combination rates very highly in the Australian and international consciousness."

Cassidy's signature beef dish is the Teys Black Angus 150-day grain-fed MSA eye fillet (250g) with two potato truffle-infused rosti, flash-fried asparagus spears, grilled king tiger prawns, topped with a garlic white wine mustard cream sauce.

Rockhampton is fortunate that its historical river precinct, dating back to the 1880s, now boasts numerous restaurants for

all budgets. Enjoy hip wine and cocktail bars, sophisticated riverside dining and gastronomic pubs within walking distance to Rockhampton Art Gallery and Pilbeam Theatre.

Just north of the city is Capricorn Caves, Queensland's oldest tourist attraction, which was established in 1884. Explore the labyrinth of limestone tunnels in an easy one-hour guided tour, or thrillseekers can don a hard hat and experience adventure caving.

Situated 38 kilometres north-east of Rockhampton, the Capricorn Coast has retained its village-style appeal but is welcoming new sophisticated accommodation and dining options to complement its established golfing reputation.

These days, most golfers think they can get into enough trouble with the little white ball without having to put up with crowds flocking to the courses. Imagine having the time to concentrate on improving your game without having to call through the following group that always seems to be nudging your tail.

Capricorn Resort Yeppoon boasts not one but two world-class golf courses. The resort hosts an annual Pro Am event in August and has been the recipient of the PGA Players Choice Tournament of the Year Award for seven years in a row. At Capricorn Resort you'll truly enjoy your golf and you can choose to take a few lessons from the resident pro to improve your swing. It is also sure to improve your overall wellbeing.

Capricorn Resort is a natural paradise offering 8,900 hectares of wetlands, rainforest, free activities and 22 kilometres of secluded beachfront. Rejuvenate your body at the massage and beauty centre or indulge in the authenticity, personalised interactive table cooking, tradition and exquisite and delicate flavours of Japanese cuisine at Tsuruya Restaurant.

At the southern end of the Capricorn Coast there is another stunning resort on offer. At Seaspray Resort and Spa, a healthy breakfast sets the scene for a range of activities, including walking through Queensland's first privately owned national park. Seaspray gifted 61 hectares of precious coastal environment, which now forms part of the Capricorn Coast National Park, a special collection of adjoining ecosystems that surround the community of Seaspray.

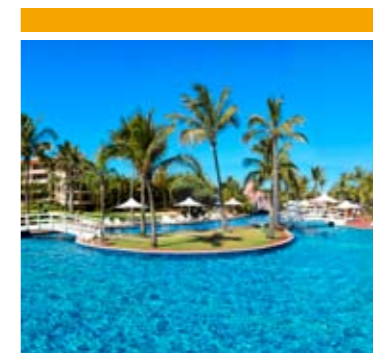
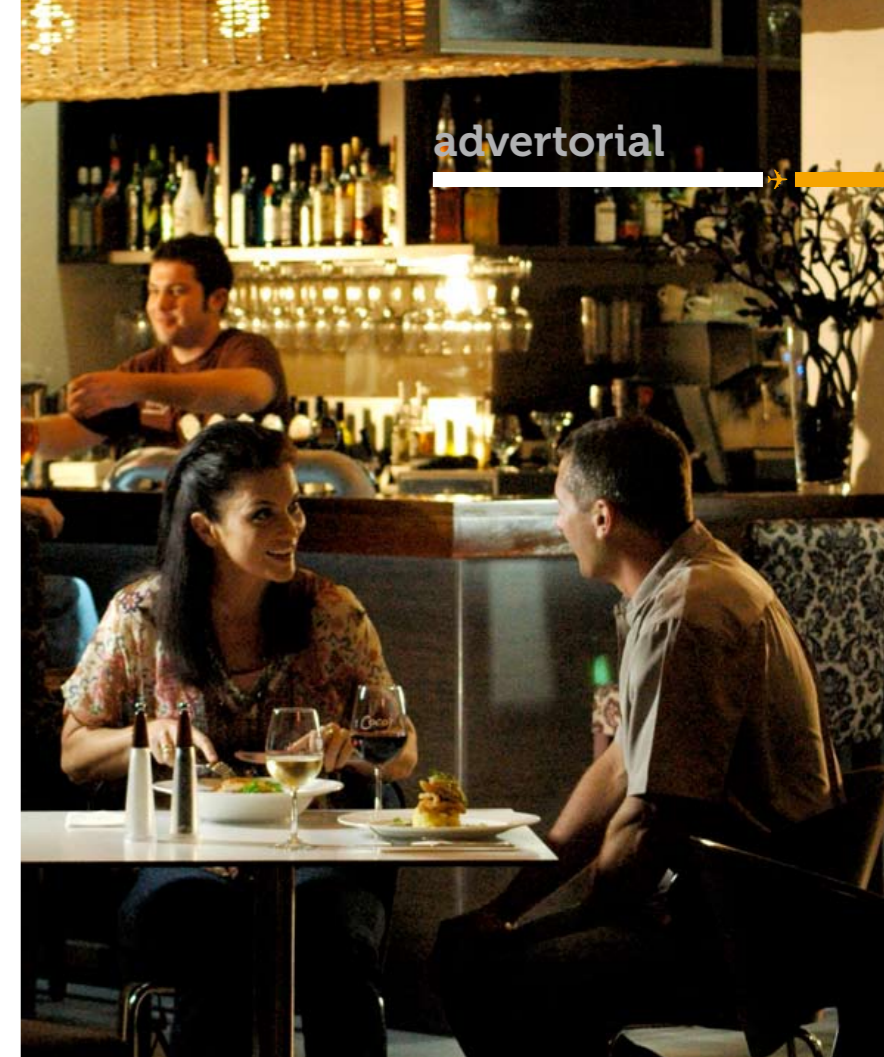
Sophisticated architectural precincts extend along the Capricorn Coast. Lifestyle and leisure are combined at Keppel Bay Marina, the largest marina in northern Queensland. Waterfront villas with private moorings overlook luxurious vessels, many of which are available for cruising, bareboat, sailing and fishing options, suitable for beginners through to experienced boating enthusiasts.

With an average daily temperature of 25° Celsius, Capricorn Coast and Rockhampton is a year-round haven for long days in the warm winter sun.

For further information visit www.capricornholidays.com.au or Freecall 1800 676 701 (in Australia).



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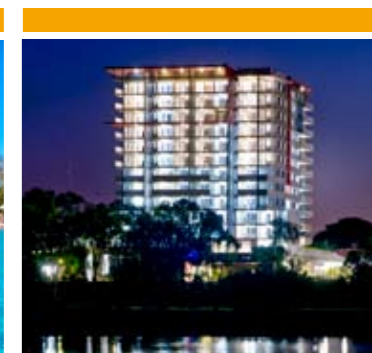
CAPRICORN RESORT YEPPON

Make hay while the sun shines in May!

- Overnight accommodation in a Resort Room.
- Full buffet breakfast for two.
- \$160 per room, per night.
- Rate is subject to availability.

Bookings must be prepaid at time of reservation. Valid from 1 May to 30 June 2010.

Call: 1800 075 902 (in Australia).
Email: reservations_capricorn@rydges.com.
Website: www.rydges.com/capricorn.



THE EDGE LUXURY APARTMENTS

Stay in Rockhampton's premier CBD precinct overlooking the mighty Fitzroy River.

- Spacious hotel room from \$175 per night.
- Luxury one-bedroom apartments with separate living area, kitchen and balcony from \$195 per night. "Stay a night to a year!"
- Enjoy dining in Edge Restaurant & Bar or Cassidy's Seafood & Steakhouse.

Valid until 31 December 2010.

Call: 1800 853 224 (in Australia) or visit
Website: www.theedgeapartments.com.au.